

CURRICULUM VITAE



PERSONAL DATA:

- **Name:** Helmy Mohamed Aly Omar.
- **Marital status:** married.
- **Date of birth:** March 4.1984.
- **Office address:** Mansoura Urology and Nephrology center,
72 Gomhoria Street, Mansoura – Egypt.
- **Telephone:** Work (0020502202222).
Home (0502211811).
Cellular (01064191187).
- **Fax** : 0020502202717.
- **Email** : dr_helmyomar@Yahoo.com.

Qualifications:

- Graduated from Mansoura faculty of medicine, November 2007, (score very good).
- MSc (Urology) September 2014, Mansoura University, Mansoura Egypt (score B).

Positions:

- 1) Internship house officer, Mansoura University Hospitals from 1/3/2008 to 28/2/2009.
- 2) General Practitioner, health ministry hospitals from 1/3/2009 to 29/10/2009.
- 3) Resident in Urology, Mansoura Urology and Nephrology Center from 30/10/2009 till 25/3/2015.
- 4) Research fellowship in pediatric urology from 26/3/2015 till now.

Conferences and workshops attended and participated in organization :

1. The 9th International Training Course on **Invasive Bladder Cancer and Urinary Diversion**. 28th March-2nd April, 2009 Mansoura, Egypt.
2. 1st international training course on **Renal and Ureteric stones and strictures**: Role of open surgery May 23rd-27th, 2009 Mansoura, Egypt.
3. The 1st international training course on **Endo urologic laparoscopy** June 15th-17th, 2009 Mansoura, Egypt.

4. The 5th International training course on **Uro-laparoscopy** Jun 21st-25th, 2009 Mansoura, Egypt.
5. The 10th international training course on **Invasive Bladder cancer and Urinary diversion Techniques** October 11th-16th, 2009 Mansoura, Egypt.
6. The 2nd International Training Course on **Endo-urology & urologic laparoscopy** October 19th-21st, 2009 Mansoura, Egypt.
7. The 2nd International Training Course on **Recent Advances in Urologic Oncology** November 7th-11th, 2009 Mansoura, Egypt.
8. 1st International workshop on **Flexible URS** December 5th-6th, 2009 Mansoura, Egypt
9. The 44th **Annual Meeting of the Egyptian Urological Association** in Conjugation with European Association of Urology December 7th-11th, 2009 Cairo, Egypt.
10. The 6th International training course on **Uro-laparoscopy** December 26th-30th, 2009 Mansoura, Egypt.
11. The 1st training course on Techniques in **Reconstructive Urology** January 23rd-29th, 2010 Mansoura, Egypt.
12. The 2nd training course on **Stress Urinary Incontinence Evaluation and Management** March 9th-12th, 2010 Mansoura, Egypt.
13. The 7th International Training Course on **Uro-laparoscopy** May 2nd-6th 2010 Mansoura, Egypt.
14. The 11th International Training course on **Invasive Bladder Cancer and Urinary Diversion Techniques**. September 19th-23rd 2010 Mansoura, Egypt.

15. The 8th International Training Course on **Uro-laparoscopy** September 26th-29th, 2010 Mansoura, Egypt.
16. The 3rd International Training Course on Techniques in **Urologic Oncology** November 6th-10th, 2010 Mansoura, Egypt.
17. The 9th International Training Course on **Uro-laparoscopy** December 19th-23th, 2010 Mansoura, Egypt.
18. The 3rd International Training Course on **Endo-urology & urologic laparoscopy** December 6th-10th, 2010 Mansoura, Egypt.
19. The 2nd Training Course on **Techniques in Reconstructive Urology** January 29th- February 4th, 2011 Mansoura, Egypt.
20. **Advanced URS workshop**, 9th April National Training Institute Cairo, Egypt.
21. The 10th International Training Course on **Uro-laparoscopy** May 7th-11th, 2011 Mansoura, Egypt.
22. **The Annual Meeting of Urology Department**, Faculty of Medicine, Mansoura University July 28th-30th 2011 Port-Said, Egypt.
23. The 12nd International Training course on **Invasive Bladder Cancer and Urinary Diversion Techniques**. September 18th-23rd, 2011 Mansoura, Egypt.
24. The 11th International Training Course on **Uro-laparoscopy** October 9th-13th, 2011 Mansoura, Egypt.
25. The 46th **Annual Meeting of the Egyptian Urological Association** in Conjugation with European Association of Urology December 5th-9th, 2011 Luxor, Egypt.
26. The 3rd Training Course on **Techniques in Reconstructive Urology** January 28th- February 3rd, 2012 Mansoura, Egypt.

27. The 13rd International Training Course on **Uro-laparoscopy** June 17th-20th, 2012 Mansoura, Egypt.
28. The 1st **EUA/AUA Annual Review Course** 1-4th September 2012 Cairo, Egypt.
29. The 4th training course on Techniques in **Reconstructive Urology** January 23rd-29th, 2013 Mansoura, Egypt.
30. The 2nd international **pediatric urology** training course May 18th-23rd, 2013 Mansoura-Egypt.
31. 1st international training course on scientific activities and writing.
32. The 2nd **EUA/AUA Annual Review Course** 1-4th December 2013 Cairo, Egypt.
33. Mansoura Urology department annual meeting. 28-30 December 2013.
34. European Association of Urology (Stockholm-Sweden 11-17 April 2014).
35. The 1st reconstructive pediatric urology training course (October 9-13, 2016).
36. The 2nd reconstructive pediatric urology training course (December 11-15, 2016).

Memberships:

- 1) Egyptian Medical Syndicate.
- 2) Egyptian Urological association.
- 3) European Association of Urology.
- 4) European society of Pediatric Urology.

Publications:

1. Stone culture retrieved during percutaneous nephrolithotomy: is it clinically relevant?

Yasser Osman, Ahmed M. Elshal, Mohamed M. Elawdy, **Helmy Omar**,
Asaad Gaber, Essam Elsayy, Ahmed R. El- Nahas.

2. Is there a way to predict failure after direct vision internal urethrotomy for single and short bulbar urethral strictures?

Ahmed M. Harraz , Ahmed El-Assmy, Osama Mahmoud, Amr A. Elbakry,
Mohamed Tharwat, **Helmy Omar**, Hashim Farg, Mahmoud Laymon,
Ahmed Mosbah .

3. Perineal Hernia Is an Unusual Complication Post Perineal Bladder Neck Closure: A Case Report.

Helmy Omar, Tamer E. Helmy, Ashraf T. Hafez, and Mohamed E. Dawaba